

SEASONAL CALENDAR

SLOVAKIA

MONTH	FRUIT	VEGETABLES
Jan	Stored: apple, pear Herbs:alfalfa, bugle	Stored: swiss chard - garlic - artichoke - celery - onion - garlic - pumpkin - kale - kohlrabe- eggplant - broccoli - courgette - thistle - red cabbage - cauliflower - endive - spinach - green peas - hell - green beans - salad - pepper - radish - turnip - cabbage - tomato - parsley - carrot - beetroot. Fresh: leeks
Feb	Stored: apple, pear Herbs: bugle	Stored: swiss chard - garlic - artichoke - celery - onion - pumpkin - kale - kohlrabe - eggplant - broccoli - courgette - red cabbage - cauliflower - endive - spinach - green peas - hell - green beans - salad - pepper - radish - turnip - cabbage - tomato - parsley - carrot - beetroot. Fresh: leeks
Mar	Stored: apple, Herbs: bugle	Stored: swiss chard - garlic - artichoke - celery - onion - pumkin - kale - kohlrabi - eggplant - broccoli - courgette - chive - red cabbage - cauliflower - endive - asparagus - spinach - green peas - hell - green beans - salad - new potatoes - pepper - leeks - radish - turnip - cabbage - tomato - parsley - carrot - beetroot - cabbage. Fresh: leeks
Apr	Stored: apple	Stored: swiss chard - garlic - celery - carrot - parsley - eggplant - broccoli - courgette - pumpkin - chive - cauliflower - asparagus - spinach - green beans - salad - quack - new potatoes - cucumber - pepper - leeks - radish - turnip - beetroot - cabbage - tomato. Fresh: onion - raddish - lettuce
May	Herbs: chive, parsley, Fruit: strawberry, cherry	Stored: celery - garlic - cougette - pumpkin - onion - chive - green beans - salad - quack - new potatoes - cucumber - pepper - leeks - turnip - cabbage - tomato - carrot - parsley - beetroot. Fresh: onion - asparagus - kohlrabi - mangold - spinach - radish - lettuce
Jun	Cherry - sour cherry - strawberry - stored: apple Herbs: chive, parsley, basil,	Stored: garlic - celery - cougette - pumpkin - chive - green beans - salad - quack - pepper - radish - turnip - tomato. Fresh: onion - zucchini - brocoli - peas - aparagus - kale - kohlrabi - cauliflower - mangold - carrot - cucumber - raddish - beetroot - lettuce - spinach - cabbage
Jul	Apple - gooseberry - raspberry - peach - blackcurrant - sour cherry - apricot - cherry - pear - plum - summer apple - strawberry Herbs: chive, parsley, basil,	Stored: cougette - pumpkin - chive - green beans - salad - quack - radish - turnip. Fresh: celery - garlic - onion - zucchini - brocoli - peas - peppers - kale - kohlrabi - cauliflower - mangold - carrot - cucumber - cabbage
Aug	Apple - gooseberry - raspberry - peach - blackcurrant - apricot - blackberry - pear - plum - summer apple - strawberry Herbs: chive, parsley, basil,	Stored: cougette - pumpkin - salad - quack - radish - turnip. Fresh: celery - garlic - onion - zucchini - brocoli - peas - peppers - kale - kohlrabi - cauliflower - mangold - carrot - cucumber - cabbage
Sep	Apple - gooseberry - blackberry - peach - grape - pear - plum - strawberry - raspberry - watermelon Herbs: chive, basil,	Stored: garlic - pumpkin - spinach - salad - quack - cucumber - leeks - radish - turnip. Fresh: celery - onion - zucchini - brocoli - peppers - kale - kohlrabi - cauliflower - mangold - carrot - cucumber - raddish - beetroot - lettuce - cabbage
Oct	Apple - peach - blackberry - blackberry - grape - pear - plum: Stored: watermelon	Stored: swiss chard - garlic - eggplant - onion - zucchini - brocoli - endive - spinach - green benas - salad - quack - old potatoes - cucumber - peppers - radish - turnip - mushrooms - carrot. Fresh: celery - pumpkin - kale - kohlrabi - cauliflower - mangold - beetroot - lettuce - spinach - cabbage - leeks - tomato
Nov	Stored: apple, pear Herbs:alfalfa, bugle	Stored: swiss chard - garlic - artichoke - celery - onion - zucchini - eggplant - broccoli - courgette - pumpkin - thistle - red cabbage - cauliflower - endive - green peas - green beans - salad - quack - old potatoes - peppers - leeks - radish - turnip - mushrooms - tomato - carrot - kohlrabi - parsley root. Fresh: kale - leeks - mangold - spinach - cabbage
Dec	Stored: apple, pear Herbs:alfalfa, bugle	Stoerd: swiss chard - garlic - artichoke - celery - onion - pumpkin -kohlrabi - parsley root - beetroot - eggplant - broccoli - courgette - thistle - red cabbage - cauliflower - endive - spinach - green peas - green beans - salad - quack - pepper - leeks - radish - turnip - cabbage - tomato - carrot. Fresh: kale - leeks