

SEASONAL CALENDAR

HUNGARY

MONTH	FRUIT	VEGETABLES
Jan	Apple - Quince - Walnut - Pear - Sloe - Almond - Medlar	Pak choi - Potato - Beetroot - Chicory - Jerusalem artichoke - Mushroom - Sweet cabbage - Garlic - Kale - Napa cabbage - Red onion - Lamb's lettuce - Parsnip - Leek - Carrot - Pumpkin - Onion - Celery
Feb	Apple - Quince - Walnut - Pear - Almond - Sloe	Potato - Beetroot - Garlic - Kale - Lamb's lettuce - Parsnip - Leek - Carrot - Pumpkin - Onion - Head cabbage - Lettuce - Black radish - Jerusalem artichoke - Napa cabbage - Red onion - Curly kale - Red cabbage
Mar	Apple - Quince - Walnut - Pear - Almond	Potato - Beetroot - Garlic - Kale - Lamb's lettuce - Parsnip - Leek - Carrot - Pumpkin - Onion - Head cabbage - Black radish - Sweet cabbage - Baby spinach - Iceberg lettuce - Kohlrabi - Shallot - Parsley root - Arugula - Chives - Spring onion
Apr	Apple - Walnut - Pear	Potato - Endive - Cabbage - Lettuce - Garlic - Radish - Cauliflower - Kohlrabi - Napa cabbage - Lovage - Lamb's lettuce - Wild garlic - Sorrel - Rhubarb - Rucola - Chives - Parsnip - Asparagus - Spinach - Spring Onion
May	Cherry - Gooseberry - Strawberry	Broccoli - Sweet Cumin - Endive - Head Cabbage - Lettuce - Radish - Iceberg Lettuce - Dill - Kohlrabi - Cauliflower - Napa cabbage - Garlic - Lamb's lettuce - Sorrel - Asparagus - Rucola - Spinach - Spring Onion - Rhubarb - Chives
Jun	Blueberry - Elderflower - Cherry - Strawberry - Gooseberry - Raspberry - Sour cherry - Redcurrant - Apricot - Cantaloupe	Pea - Potato - Zucchini - Head cabbage - Vegetable marrow - Leek - Kohlrabi - Cauliflower - Shallot - Rhubarb - Sorrel - Asparagus - Spinach - Celery - Cucumber - Spring onion
Jul	Grape - Cherry - Gooseberry - Mulberry - Watermelon - Raspberry - Sour cherry - Nectarine - Redcurrant - Greengage - Apricot - Cantaloupe - Blackberry	Pea - Potato - Zucchini - Head cabbage - Cauliflower - Vegetable marrow - Leek - Bell pepper - Tomato - Shallot - Spinach - Cucumber - Green Bean
Aug	Blueberry - Elderflower - Fig - Watermelon - Pear - Poppy Seed - Raspberry - Nectarine - Summer Apple - Peach - Redcurrant - Cantaloupe - Blackberry - Plum - Grape	Potato - Kohlrabi - Head Cabbage - Corn - Swiss chard - Bell pepper - Tomato - Pattypan squash - Cucumber - Green bean
Sep	Apple - Walnut - Aronia berries - Fig - Sea Buckthorn - Pear - Almond - Peach - Ringlo Plum - Blackberry - Plum - Grape	Broccoli - Beetroot - Sweet potato - Kohlrabi - Cauliflower - Corn - Aubergine - Tomato - Squash - Mushroom - Parsnip - Carrot - Green bean
Oct	Apple - Quince - Fig - Chestnut - Pomegranate - Sea Buckthorn - Pear - Hazelnut - Blackberry - Grape	Beetroot - Broccoli - Zucchini - Jerusalem artichoke - Sweet potato - Mushroom - Onion - Iceberg lettuce - Napa cabbage - Spinach - Pumpkin - Horseradish - Celery - Green bean - Bell pepper
Nov	Apple - Quince - Rose hip - Walnut - Chestnut - Pomegranate - Aronia berries - Pear - Medlar	Broccoli - Jerusalem artichoke - Head cabbage - Endive - Curly kale - Iceberg lettuce - Brussels sprouts - Savoy cabbage - Napa cabbage - Purple cabbage - Swiss chard - Parsnip - Rucola - Sorrel - Squash - Celery
Dec	Apple - Quince - Rose hip - Walnut - Persimmon - Chestnut - Pomegranate - Hawthorn - Pear - Medlar	Potato - Beetroot - Jerusalem artichoke - Head cabbage - Lettuce - Brussels sprouts - Kohlrabi - Savoy cabbage - Red cabbage - Red onion - Purple cabbage - Sorrel - Lambs' lettuce - Carrot - Squash - Onion