

# SEASONAL CALENDAR

## BELGIUM

MONTH	FRUIT	VEGETABLES
Jan	Apple and Pear (Stored)	Beetroot (stored) - black radish (stored) - Brussels sprout - cabbage (stored) - carrot (stored) - celeriac (stored) - celery - chicory - cress - cornsalad - endive – fennel - friseline - jerusalem artichoke - kale - kohlrabi (stored) leek - lettuce - mushroom - onino (stored) - oyster mushroom - parsnip - potato (stored) - pumpkin (stored) - red cabage and rutabaga (stored) - salsify - savoy cabbage - shallot - shiitake mushroom - spring onion - turnip (stored) - watercress
Feb	Apple and Pear (Stored)	Beetroot (stored) - broccoli - black radish (stored) - brussels sprout - cabbage - carrot (stored) - celeriac - celery - chicory - cress - friseline - jerusalem artichoke - kale - kohlrabi (stored) - leek mushroom - onion - oyster mushroom - parsinp - potato and pumpkin (stored) - radish - red cabbage and rutabaga (stored) - salsify - savoy cabbage - shiitake mushroom - spring onion - watercress - turnip (stored)
Mar	Apple and Pear (Stored) strawberry Rhubarb	Asparagus - beetrot and black radish (stored) broccoli - brussels sprout - cabbage and carrot (stored) - celeriac - chicory - cress - cucumber endive - friseline - green bean - jerusalem aritichoke - kale – leek - mushroom - onion oxheart cabbage parsnip - potato and pumpkin (stored) - radish - red cabbage and rutabaga (stored) - salsify - savoy cabbage - spring onion - turnip (stored) - watercress
Apr	Apple and Pear (stored) strawberry	Aubergine - asparagus – beetroot - bell pepper - broccoli - cabbage - celeriac - chicory - cress curly endive - friseline - leek - lettuce - mushroom - onion - radish - oyster mushroom - parsnip red cabbage - rhubarb - shiitake mushroom - spinach - spring onion - tomato - turnip - watercress
May	Apple and Pear strawberry rhubarb	Aubergine - bell pepper - asparagus - broccoli cabbage - carrot - cauliflower - celeriac - celery - chard - chicory - courgette - cress - cucumber - endive - fennel – friseline - green bean - leek - lettuce - mushroom - onion - oxheart cabbage - pak choi - radish - rhubarb - radicchio - shiitake mushroom - spinach - tomato Turnip tops - watercress
Jun	Strawberry - Raspberry - rhubarb - Morello cherry - Gooseberry - Blackberry	Aubergine- asparagus - artichoke -- Beet - Broccoli - Carrot - Celery - Mushroom - Cauliflower -Endive - Kale - Kohlrabi - Watercress - Chicory - Endive -Fennel - Spinach - Beans - Lettuce - Maize - Turnip - Onion - Peas - Pleurot - Pepper - Potato - Purslane - Radish - Rhubarb - Tomato
Jul	Blackcurrant - Cherry - Strawberry - Raspberry - rhubarb - Morello cherry - Gooseberry - Redcurrant - Blackberry - Blueberry - Plum	Aubergine - Beetroot - Broccoli - Carrot - Celery, green - Celery, white - Mushroom - Cabbage, white - Chinese - Cauliflower - Cabbage, green - Kohlrabi - Cabbage, red - Cucumber - Courgette - Watercress - Chicory - Endive - Spinach - Fennel - Soya bean - Peas - Pleurote - Green beans - Lettuce - Maize - Onion - Watercress - Soybean - Peas Chicory - Endive - Spinach - Fennel - Cutting Beans - Green Beans - Lettuce - Maize - Onion - Peas - Oyster - Leek - Pepper - Potato - Purslane - Pink Radish - Rhubarb - Tomato
Aug	Blackcurrant - Cherry - Strawberry - Raspberry - Melon - Blackberry - Blueberry - Plum	Aubergine - Beetroot - Red beetroot - Broccoli - Carrot - Celery, green - Celery, white - Celeriac - Mushroom - Cabbage, white - Chinese - Cauliflower - Cabbage, green - Kohlrabi Cucumber - Courgette - Cress - Chicory - Endive - Fennel - Green beans - Leaf lettuce - Maize - Onion - Onion sprout - Leek - Pepper - Potato - Pumpkin - Purslane - Pink radish - Tomato - Soya bean - Watercress
Sep	Raspberry - Melon - Pear - Apple - Grapes	Aubergine - Beetroot - Red beetroot - Broccoli - Carrot - Celery, green - Celery, white - Celeriac - Mushroom - Cabbage, white - Chinese - Cauliflower - Cabbage, green - Kohlrabi Cucumber - Courgette - Cress - Chicory - Endive - Fennel - Green beans - Cutting bean - Lettuce - Maize - Onion - Onion sprout - Leek - Pepper - Potato - Pumpkin - Purslane - Pink radish - Black radish - Tomato - Soybean sprout
Oct	Raspberry - Melon - Pear - Apple - Grapes	Aubergine - Beetroot - Red beetroot - Broccoli - Carrot - Celery, green - Celery, white - Celery root - Mushroom - Chicon - Cabbage, white - Chinese - Cauliflower - Cabbage, green - Kohlrabi - Cabbage, red - Chicory - Endive - Spinach - Beans, soya bean - Lettuce - Lamb's lettuce - Turnip - Onion - Potato, leek - Soya bean - Leek chicory - Endive - Spinach - Beansprout - Lettuce - Lamb's lettuce - Turnip - Onion - Oyster mushroom - Leek - Pepper - Potato - Pumpkin - Black radish - Rutabaga - Salsify - Tomato
Nov	Pear - Apple - Grapes	Beetroot - Broccoli - Carrot - Celery (green) - Celery (celeriac) - Mushroom - Chives - Chinese cabbage - Cauliflower - Green cabbage - Chicory - Endive - Green onion - Parsnip - Pleurot - Leek - Pepper - Potato - Pumpkin - White radish - Rutabaga - Salsify - Jerusalem artichoke - Soybean sprout
Dec	Pear - Apple	Beetroot - Carrot - Celery, green - Celery root - Mushroom - Chicon - Brussels sprouts - Cabbage, green - Cabbage, red - Chicory - Lamb's lettuce - Turnip - Onion - Parsnip - Oyster mushroom - Leek - Potato - Pumpkin - Radish - Rutabaga - Salsify - Jerusalem artichoke - White